***10 tūkstančių žingsnių kasdien: moterys eina į Romą, vyrai – į Atėnus***

**AKCIJOS DALYVIO, EINANČIO Į ATĖNUS, KORTELĖ**

**Nr. ...................**

(numerį įrašys akcijos organizatorius, gavęs užpildytą dienoraštį)

|  |  |
| --- | --- |
| Dalyvio vardas ir pavardė |  |
| Amžius (metais) |  |
| Gyvenamoji vieta (miesto/rajono pavadinimas) |  |
| Telefonas arba elektroninis paštas |  |
| Asmens, galinčio patvirtinti faktą apie Jūsų  nueitus žingsnius, vardas ir telefono numeris |  |



|  |  |  |
| --- | --- | --- |
| **Akcijos dalyvio** |  | (įrašyti vardą ir pavardę), |
| **einančio į Atėnus, dienoraštis** | | |

**Kovas**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | savaitės žingsnių suma | | | | |  |
| 6 |  | 7 |  | 8 |  | 9 |  | 10 |  | 11 |  | 12 |  | suma |  |
| 13 |  | 14 |  | 15 |  | 16 |  | 17 |  | 18 |  | 19 |  | suma |  |
| 20 |  | 21 |  | 22 |  | 23 |  | 24 |  | 25 |  | 26 |  | suma |  |
| 27 |  | 28 |  | 29 |  | 30 |  | 31 |  | suma | | | | |  |
| **Kovo mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

**Balandis**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | 2 |  | suma | | | | | | | | | | |  |
| 3 |  | 4 |  | 5 |  | 6 |  | 7 |  | 8 |  | 9 |  | suma |  |
| 10 |  | 11 |  | 12 |  | 13 |  | 14 |  | 15 |  | 16 |  | suma |  |
| 17 |  | 18 |  | 19 |  | 20 |  | 21 |  | 22 |  | 23 |  |  |  |
| 24 |  | 25 |  | 26 |  | 27 |  | 28 |  | 29 |  | 30 |  |  |  |
| **Balandžio mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

**Gegužė**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  | 7 |  | suma |  |
| 8 |  | 9 |  | 10 |  | 11 |  | 12 |  | 13 |  | 14 |  | suma |  |
| 15 |  | 16 |  | 17 |  | 18 |  | 19 |  | 20 |  | 21 |  | suma |  |
| 22 |  | 23 |  | 24 |  | 25 |  | 26 |  | 27 |  | 28 |  | suma |  |
| 29 |  | 30 |  | 31 |  | suma | | | | | | | | |  |
| **Gegužės mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

**Birželis**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | 2 |  | 3 |  | 4 |  | suma | | | | | | |  |
| 5 |  | 6 |  | 7 |  | 8 |  | 9 |  | 10 |  | 11 |  | suma |  |
| 12 |  | 13 |  | 14 |  | 15 |  | 16 |  | 17 |  | 18 |  |  |  |
| 19 |  | 20 |  | 21 |  | 22 |  | 23 |  | 24 |  | 25 |  | suma |  |
| 26 |  | 27 |  | 28 |  | 29 |  | 30 |  | suma | | | | |  |
| **Birželio mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

**Liepa**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | 2 |  | suma | | | | | | | | | | |  |
| 3 |  | 4 |  | 5 |  | 6 |  | 7 |  | 8 |  | 9 |  | suma |  |
| 10 |  | 11 |  | 12 |  | 13 |  | 14 |  | 15 |  | 16 |  | suma |  |
| 17 |  | 18 |  | 19 |  | 20 |  | 21 |  | 22 |  | 23 |  | suma |  |
| 24 |  | 25 |  | 26 |  | 27 |  | 28 |  | 29 |  | 30 |  |  |  |
| 31 |  | suma | | | | | | | | | | | | |  |
| **Liepos mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

**Rugpjūtis**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  | suma | | |  |
| 7 |  | 8 |  | 9 |  | 10 |  | 11 |  | 12 |  | 13 |  | suma |  |
| 14 |  | 15 |  | 16 |  | 17 |  | 18 |  | 19 |  | 20 |  | suma |  |
| 21 |  | 22 |  | 23 |  | 24 |  | 25 |  | 26 |  | 27 |  | suma |  |
| 28 |  | 29 |  | 30 |  | 31 | suma | | | | | | | |  |
| **Rugpjūčio mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

**Rugsėjis**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | 2 |  | 3 |  | suma | | | | | | | | |  |
| 4 |  | 5 |  | 6 |  | 7 |  | 8 |  | 9 |  | 10 |  | suma |  |
| 11 |  | 12 |  | 13 |  | 14 |  | 15 |  | 16 |  | 17 |  | suma |  |
| 18 |  | 19 |  | 20 |  | 21 |  | 22 |  | 23 |  | 24 |  | suma |  |
| 25 |  | 26 |  | 27 |  | 28 |  | 29 |  | 30 |  | suma | | |  |
| **Rugsėjo mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

**Spalis**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  | suma | | | | | | | | | | | | |  |
| 2 |  | 3 |  | 4 |  | 5 |  | 6 |  | 7 |  | 8 |  | suma |  |
| 9 |  | 10 |  | 11 |  | 12 |  | 13 |  | 14 |  | **15** |  | suma |  |
| **Spalio mėnesį nueitų žingsnių suma** | | | | | | | | | | | | | | |  |
| **Iš viso nuo kovo 1 d. iki spalio 15 d. nueitų žingsnių suma** | | | | | | | | | | | | | | |  |

Užpildytą kortelę su dienoraščiu **iki 2017 m. spalio 26 d.** **12 val.** išsiųsti el. paštu [zenonas.javtokas@smlpc.lt](mailto:zenonas.javtokas@smlpc.lt) arba faksu (8 5 ) 273 7397. **Išsiųsdamas patvirtinu, kad mano deklaruota nueitų žingsnių suma yra teisinga.**